



Trail walk/ run 2Km, 5Km, 10Km

To support the general fund for
[Crossroads at Big Creek Environmental Learning Center](#)
To promote cross-generational recreation,
and to increase awareness of 'green' living in our community.

Saturday, June 26, 2010

**Hwy 42/57 at Michigan St.
Sturgeon Bay, WI**

Start Time: 9:00 am

Course Events:

Pull Tag System

2km (1.24 mile)

The 1.24 mile walk/ run is a scenic loop that takes walkers/runners southeast along the gravel and wood chipped trails around Hauser's pond, through the coniferous woods, crossing Big Creek via a wooden bridge, returning through the pine plantation west toward the finishing area.

5 km (3.1 mile)

This course follows the perimeter trail of the Crossroads property, through the coniferous woods, over the wooden bridge north of the Hanson House historical sight, and to gravel upgrade beside an old orchard. Runners will head north on grassy trails past the Stonecipher Astronomy building and will follow a trail around Crossroads' original 53 acres. Runners then head back past the Leif Eveson Observatory weaving through The Wild Ones Meadow and crossing Big Creek via wooden bridges to the finish line. Trail includes single and double track, with woodchip, gravel, and dirt foundations. Each mile is marked.

10km (6.2 mile)

This course follows the 5k route, splitting off at the south east corner near the Observatory road entrance. Runners will leave Crossroads property and continue up Cove Road to hook up with a private trail system and part road. The return will find runners merging into the 5k route to the finish line.

Awards:

All preregistered participants will receive a custom printed Organic Cotton T-shirt.

Made possible through start up support from

[Door County Memorial Hospital Ministry Health Care](#).

All participants will receive a reusable market bag

Donated by Michelle Harmann of [Path and Paddle Outfitters](#)

All participants will receive locally produced refreshments after the run

Biodegradable products donated by [Glas the Green Coffeehouse](#)

All 2k finishers will receive a native sapling

Donated by [Evergreen Nursery](#)

All 5k and 10k group winners will receive for

- 3rd place, Cherry De-lite product, produced locally at [Country Ovens](#)
- 2nd place, Maple Syrup, produced locally from [Jamie and Mike Henschel Farms](#)
- 1st place, Male: TBA
Female: "Handcrafted glass acorn necklaces, formed in the fire, created with real acorn caps by local artist, Beth Ruth of [Acme Beads](#), Sturgeon Bay.
- Overall Female and Male winners in the 5k and 10k will be awarded a blown glass piece created by local artists Jeremy Popelka and Stephanie Trenchard of [Trenchard/Popelka Gallery](#), Sturgeon Bay.

10K/ 5K: 9& under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 &up.

Registration:

Event	Pre-register before June12	Registration
ALL	\$15 \$35 Family 7 and under, 70 and over are free	\$20 \$40 Family-(limit 5, kids under 18) 7 and under 70 and over are free

No refund including weather cancellations. This means that once you register you will not receive a refund for any reason. You can transfer your entry to another person or another event with written permission of the race director. \$25 charge for NSF checks.

Check In and Registration:

Friday June 25, 5:00 to 7:00 pm at John Collins Learning Center

Saturday June 26, 7:30 am at John Collins Learning Center

Bikes & Dogs:

Bikes and dogs are **not allowed** on the course during the race. As always, dogs are allowed on the property but must be on a leash at all times. All animal waste must be picked up and removed from the site.

Aid Station:

The water aid station will be at the 5km/10km split off point at Cove Road. Keep it "GREEN". Please **bring your own water bottle**. Uncap your bottle and the volunteers will refill your vessel. No paper waste.

The Historical Village:

...located at Crossroads is sponsored by the Door County Historical Society and will be open during this event. Volunteers will be in period clothing and available for questions.

Earth Friendly Points:

- Organic Cotton Shirts, sewn in the U.S
- Post event refreshments are locally grown and/or produced within 50 miles
- Paper goods are biodegradable
- Food waste is composted
- Water bottle usage in place of paper waste
- Awards are made locally from artists and farmers
- Courses are marked with reusable flags that are removed after the event
- Event promotes a silent sport for all ages with minimal footprint
- Increases awareness of 'green' living in our community
- Proceeds from the event support the general fund at Crossroads at Big Creek Environmental Learning Center

Thank You to Jeff Crumbaugh and [**Great Lakes Endurance, LLC**](#) for being an inspiration by your leadership and action in providing environmentally conscious trail runs, providing a model structure, and a layout for this inaugural event.



2K-5K-10K
Trail Walk/Run
June 26, 2010
9:00 A.M.

**PARK HERE...
IN WHITETAILS UNLIMITED
PARKING LOT**

**2KM
COURSE MAP
WALK/RUN TRAIL**

To Hwy 42/57

MICHIGAN ST.

HISTORIC VILLAGE

JOHN COLLINS
LEARNING
CENTER



■ 1st K
■ 2nd K
*NOT EXACT
*KM x .621
=Miles





2K-5K-10K
Trail Walk/Run
June 26, 2010
9:00 A.M.

**PARK HERE...
IN WHITETAILS UNLIMITED
PARKING LOT**

**COURSE MAP
WALK/RUN TRAIL
2Km, 5Km, 10Km**

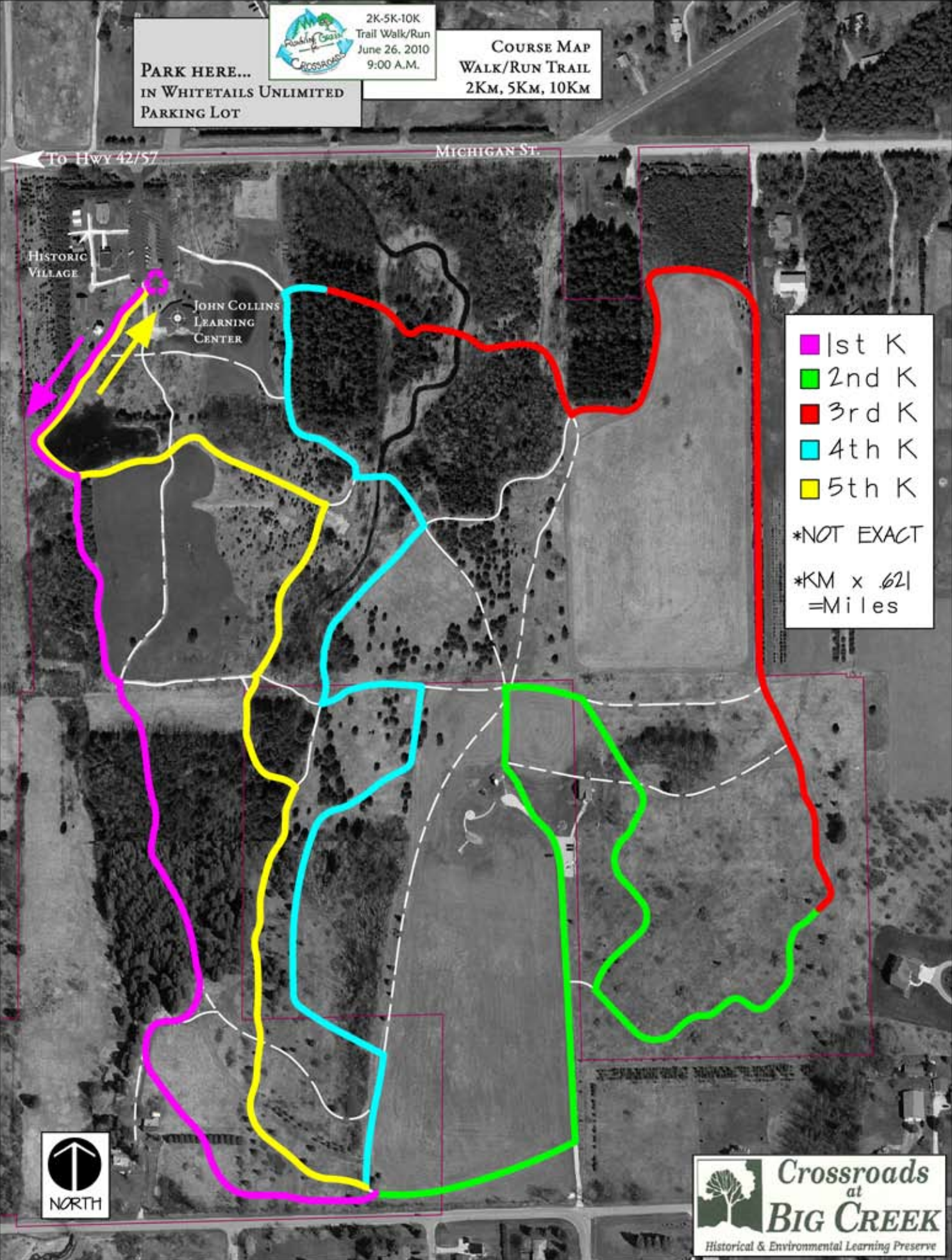
← To Hwy 42/57

MICHIGAN ST.

HISTORIC VILLAGE

JOHN COLLINS
LEARNING
CENTER

- 1st K
 - 2nd K
 - 3rd K
 - 4th K
 - 5th K
- *NOT EXACT
*KM x .621
=Miles



RUNNING GREEN FOR CROSSROADS

Official Entry Form



All walk/runs start outside the Crossroads

Learning Center and Historical Village. The course follows the perimeter

trails of the 115 acre Crossroads property, through coniferous and deciduous woods, grassy meadows, gravel up-grades and over wooden bridges crossing Big Creek. You will weave your way through The Wild Ones Meadow; see the historic Hanson House, Stoned-pher Astronomy Center and Leif Eversen Observatory.

The 10K will split off and leave the Crossroads property, continuing up Utah Street to a scenic private trail system before joining a one mile road section where you can really open up your stride. The runners/walkers will then enter the Crossroads properties for the final 2 miles of the run.



On your way to the finish you will experience more hidden beauty in Crossroads as you cross several more wooden bridges, traveling past the picturesque amphitheater and around The Hauser Pond. You will finish your run back in the Historical Village.

TIME
Saturday June 26th, 2010
2K/5K/10K 9:00 am

COST

Event	Pre-register before June 12	Registration after June 12
ALL	\$15 Individual \$35 Family - limit 5, kids under 18 FREE 7 and under, 70 and over	\$20 Individual \$40 Family - limit 5, kids under 18 FREE 7 and under, 70 and over

DIVISIONS

2K No divisions. All participants will receive an award.
5K and 10K -Male and Female
9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up

AWARDS

Organic cotton t-shirts to all pre-registered by June 12. No guarantee of t-shirt after June 12.
Division awards for 1st, 2nd and 3rd place finishers (for 5K & 10K only).
All 2K participants will receive a native sapling tree.

All awards will be hand crafted or made by artists and businesses located in Door County.

REFRESHMENTS

Locally produced refreshments will be available after runs.

KEEP IT "GREEN" - Please bring your own water bottle!

CHECK IN & REGISTRATION

Friday June 25th, 5:00 to 7:00 pm at Crossroads.
Saturday June 26, 7:30 am at Crossroads

BIKES & DOGS

Bikes and dogs are not allowed on the course during the runs.

Routes subject to change

No refunds for weather cancellations

For additional information go to
www.CrossroadsAtBigCreek.org

Name _____

Address _____

E-Mail _____

Phone _____

Division

Male 9 & under 10-14 15-19
 Female 20-29 30-39 40-49

5K 50-59 60-69 70 & over

10K 2K Fun Run

T-Shirt size:

Adult: Small Medium Large XL

Youth: Small Medium Large

Make checks payable and mail to: **Running Green for Crossroads**

PO Box 608
Sturgeon Bay WI 54235

In consideration of acceptance of this entry in Running Green for Crossroads, I hereby freely agree, for myself, my heirs, executors and administrators, to waive, release, and discharge all rights and claims which I may have against the sponsors of the event, the organizer and promoter, the land owners, any and all contributors and any and all workers, whether paid or voluntary, for any and all damages which may be sustained by me or my family, directly or indirectly in connection with my participation if I am not satisfied with the safety thereof. WI STAT 895.525(3)(4) "A participant in a recreational activitie...accepts the risk inherent in the recreational activity of which the ordinary prudent person is or should be aware"

If participant is under the age of 18, parent or legal guardian must sign.

Signature of participant _____ Date _____

Signature of parent or legal guardian of minor _____

